



The Lishe Endelevu activity will improve the nutrition status of women, children and adolescents across four regions of Tanzania.

# **TANZANIA**

# **LISHE ENDELEVU - SUSTAINABLE NUTRITION**

Despite progress and government support, undernutrition remains a significant problem in Tanzania. The Government of Tanzania has demonstrated its commitment to nutrition through the National Multi-sectoral Nutrition Action Plan (NMNAP) complemented by sectoral and cross-cutting policies, frameworks, and structures. The plan confirms the Government of Tanzania's commitment to reduce stunting in children under age 5 from 34 to 28 percent by 2021. USAID will contribute to this national goal by:

- Reducing stunting in children under age 5 in four target regions.
- Increasing the proportion of women of reproductive age consuming a diet with a minimum acceptable diversity of foods.
- Increasing the proportion of children age 6-23 months receiving a diet with a minimum acceptable frequency
  of feeding and diversity of foods.

## **EXPECTED RESULTS**

Lishe Endelevu (Swahili for "sustainable nutrition") will reach over 1.5 million women of reproductive age, 1.1 million children under age 5, and 330,000 adolescent girls 15-19 years of age in Dodoma, Iringa, Morogoro and Rukwa regions.

Planned outcomes for the activity include:

- Strengthened multi-sectoral coordination for improved nutrition at local government level.
- Improved health, nutrition, caregiving and water, sanitation and hygiene (WASH) behaviors.
- Increased access and availability of diverse, safe, and nutritious foods.

## **OBJECTIVES**

Lishe Endelevu will support the Government of Tanzania to increase and improve:

- Capacity of local government authorities (LGAs) to implement NMNAP at the local level.
- Civil society & private sector communication with LGAs for effective coordination of community-based nutrition programs.
- Access to and delivery of quality nutrition services at facility and community levels.
- Household production and consumption of nutrient-rich foods.
- Equitable control over household resources and income generation for dietary diversity.

## **ACTIVITIES**

- Train LGAs and health staff to implement activities aligned with NMNAP, as well as budget and plan for the delivery of nutrition services, and improve allocation and use of resources.
- Work with LGA and committees at all levels to encourage women's representation and leadership in shaping a responsive local agenda for nutrition in their communities.
- Support LGAs to identify and engage nutrition stakeholders in civil society and the private sector.
- Through on site clinical mentoring, build the capacity of health workers to provide improved nutrition services and counseling.
- Train Community Health Workers/Volunteers (CHW/V) on social behavior change strategies and community-based platforms to promote optimal nutrition and WASH behaviors.
- Work with CHW/Vs and model farmers to establish village demonstration plots for improved crop production, small livestock and aquaculture, and consumption of nutrient-rich foods.

## **BUDGET** \$19.7 million

#### **DURATION**

October 2018 - September 2022

## **ACTIVITY LOCATIONS**

USAID Lishe Endelevu will improve the nutrition status of women, children and adolescents across four regions:

- Dodoma (6 Councils)
- Morogoro (all 9 Councils)
- Iringa (3 Councils)
- Rukwa (all 4 Councils)

## **IMPLEMENTING PARTNERS**

- Save the Children International (Lead)
- Deloitte
- The Partnership for Nutrition in Tanzania (PANITA)
- Africa Academy for Public Health (AAPH)
- Manoff group

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### FOR MORE INFORMATION

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