



Tina Pius, who lives with HIV, plays with her children at their home in Babati. Because of prevention of mother to child transmission (PMTCT) services, she had three children that are all HIV negative. Photo: James Pursey

TANZANIA BORESHA AFYA – NORTH & CENTRAL ZONE

The USAID Boresha Afya ("Improve Health") – North & Central Zone project works to improve the health status of Tanzanians in six focus regions by increasing the availability of quality integrated health services centralized around HIV service provision. The project will mitigate a number of challenges facing the six focus regions, which have the highest tuberculosis (TB) prevalence in the country, and greater unmet need for family planning than the national average in all but one of the six regions. Combined with gender imbalances, the issues undercut national gains in the HIV response.

The underutilization of available HIV/health services and social services alike constrains health outcomes in Tanzania, while customized case management for infants, adolescents, women, and their families remains limited. This challenges not only the health sector's ability to manage known HIV cases, but also reproductive health concerns and opportunistic infections such as TB.

Project objectives include:

- 1. Improving the enabling environment for health service provision
- 2. Enhancing the availability of quality, integrated health services at the health facility level
- 3. Increasing access to health services at the community level

Boresha Afya integration strategies in the North and Central zones involve combining HIV services with sexual/reproductive health, TB, and family planning services, as well as coordinating between health service providers, communities, and other sectors. Additionally, the project employs a number of cross-cutting strategies, including:

- A district-focused approach to support integrated service delivery
- Client-centered approaches to reach vulnerable populations, including children and adolescents
- Rigorous use of data for accountability and continuous quality improvement
- Streamlining gender into all aspects of health services

RESULTS (October 2016 – September 2018)

- A total of 424 health facilities in the six Boresha Afya regions were supported in providing comprehensive integrated HIV, family planning, and TB care
- HIV Care: Over 2.6 million people were tested for HIV and almost 74,000 were identified positive, out of which more than 62,000 were documented to be new on Antiretroviral Therapy (ART) from facilities supported by the project. Including new ART clients, there are a total of 151,000 active clients across the target regions, of which almost 15,000 are under 15 years of age.
- Family Planning: A total of 1.15 million clients received family planning services
- TB Services: More than 283,000 clients were screened for TB and over 9,200 tested positive, with just over 2,000 confirmed to be TB Smear positive.

BUDGET

\$129 million (5% cost share inclusive)

DURATION

October 2016 - September 2021

ACTIVITY LOCATIONS

43 high-prevalence district councils in six regions (Arusha, Dodoma, Kilimanjaro, Manyara, Singida, and Tabora)

IMPLEMENTING PARTNER

Elizabeth Glaser Pediatric Aids Foundation (EGPAF)

PARTNERS

Engender Health

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